

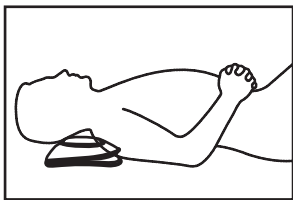


Adjustable Acupressure Gel Pad

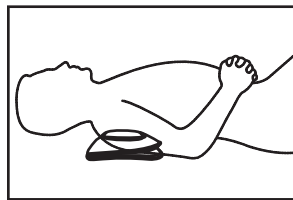
Acupressure helps reduce or eliminate discomfort by concentrating pressure in specific areas of the body like the lower back, shoulder or neck. Pressure promotes natural pain relief by improving circulation and increasing blood supply. Most acupressure pads consist of hard discs, stubs or other variations of pointed or round objects that push against muscle tissue with painful force. SKWOOSH™ believes in pressure NOT pain. SKWOOSH™ uses a gel pad to concentrate pressure in the painful area. The moveable gel pad can be positioned so it is located precisely where the pressure is needed and is secured in that position with Velcro(R) strips. Pressure can be intensified by folding the base pad which effectively doubles the height of the base and increases the applied pressure. Sitting directly on the SKWOOSH™ Acupressure Gel Pad can help reduce sciatic pain. Placing the pad directly behind the left or right SI joint (at hip level) when driving helps keep the SI joint in place resulting in reduced lower back pain.

The SKWOOSH™ Acupressure Gel Pad delivers comfortable, concentrated pressure to the underlying muscle tissue without restricting circulation or applying painful point pressure to the skin surface.

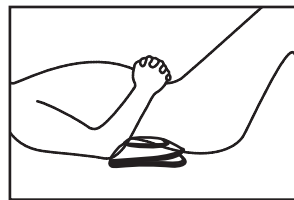
HOW TO USE THE SKWOOSH™ GEL ACUPRESSURE PAD:



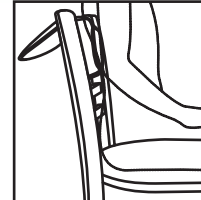
Neck



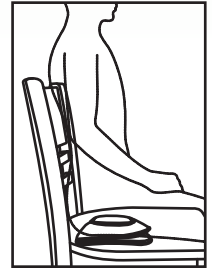
Shoulder



Lower SI



Upper Back

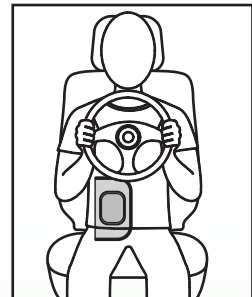


Sciatic

These diagrams show common acupressure locations. Place the gel pad against the point of discomfort and focus your body weight against it. Within 5 minutes the pad will begin to concentrate pressure at the desired location. Increasing or decreasing the total pad thickness can adjust the pressure. Lower pressure is applied by using the pad in a single thickness. Doubling its thickness increases the applied pressure. After applying pressure for 15 minutes, blood flow will increase replacing pain with a soothing, warmer feeling. This is a sign that the naturally occurring endorphins are working to heal the area of discomfort. Repeating this regimen a minimum of twice a day for up to 30 days will help nature's healing process.



Lower Back



Lower SI

The Acupressure Pad should be positioned on either side of the spine and at a height to put pressure on the SI joint.

WARNING: Do not use in areas with open cuts or lacerations. If pain increases or persists see your physician.

SKWOOSH™ Adjustable Acupressure Gel Pad

Model# ACP0211

Weight: 8 oz.

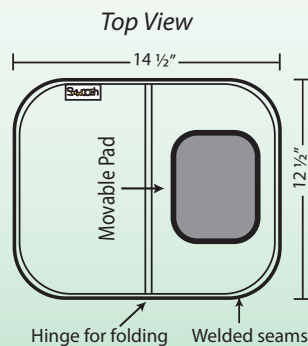
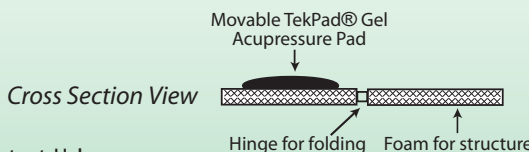
Cushion Dimensions without Pad: 14½"W x 12½"L x ¾"H

Folded Dimensions without Pad: 7¼"W x 12½"L x 1½"H

Adjustable Pad Dimensions: 5"W x 6½"L x ¾"H

Adjustable Gel Pad adds ¾" of thickness to cushion

Color: Black



Performance Comfort Cushions
sports / office / travel



SKWOOSH™ IS DIFFERENT

Contact Us!
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email: info@skwoosh.com or visit: www.skwoosh.com

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